

August

Wetumpka Senior Center
Mary Ann Barrett – Center Director

2018



Funded by Central Alabama Aging Consortium

Sun	Mon	Tue	Wed	Thu	Fri	Sa
	30 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 9:00 Rummikub, Cards, Dominoes	31 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes Movie Day	1 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 10:30 Devotional 12:00-3:00 Bridge	2 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes	3 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young Fitness	4
5	6 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 9:00 Rummikub, Cards, Dominoes	7 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes	8 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 10:30 Devotional 12:00-3:00 Bridge	9 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes 10:00 PENNY AUCTION W/ COMFORT CARE	10 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young Fitness 12:30 PEACH PARK for ICE CREAM	11
12	13 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 9:00 Rummikub, Cards	14 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes 9:00 Wal-Mart	15 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 10:30 Devotional 12:00-3:00 Bridge	16 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes	17 Center Closed Prattville Trip Hobby Lobby AcademySports Khols Lunch in Prattville	
19	20 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 9:00 Rummikub, Cards	21 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes	22 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 10:30 Devotional 12:00-3:00 Bridge	23 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes	24 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young Fitness	25
26	27 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 9:00 Rummikub, Cards, Dominoes	28 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes 10:00 BINGO w/Yanesha	29 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young 10:30 Devotional 12:00-3:00 Bridge	30 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:00 Rummikub, Cards, Dominoes 10:00 BINGO w/ Ivy Creek	31 7:00-8:00 Walking DVD 8:30-9:30 Walking DVD 9:30-10:30 SS/Grow Young Fitness 12:30 SWEET CREEK for Ice Cream at	

AUGUST 2018

Wetumpka Senior Center



The mission of the Prime Time Senior Enrichment Center is to provide programs and activities for adults 55 and over that promote the well being of older adults and enrich and increases socialization with others. Also, promote life long learning in a fun environment. Take advantage of the opportunities the Prime Time Senior Center offer and take steps to “being the best you can be.” The Center Director is Mary Ann Barrett, Assistant to the Director, Angie Fraiser, Part Time Assistant to the Director, Lillie Grayson, and Bus Driver, E. Wayne Macon. For Information about the Center call 334-567-1335.

Participants MUST BE self-contained.

SWEET CREEK TRIP JULY 2018

+Check monthly calendar for exercise class schedule.

+Check calendar for “table game” day schedules.

+Devotionals will be held each Wednesday at 10:30am

+Bridge Club meets each Wednesday 12:00 - 3:00pm

*Each weekday (M-F) in June, **Walk Wetumpka** will start at 7:00am. Walking routes will vary.



AUGUST 2018

August 9th—Penny Auction with Comfort Care

August 10th—Trip to Peach Park for Ice Cream 12:30pm (*Center Closed*)

August 14th—Walmart at 9:00am

August 17 —Center will be Closed—Trip to Prattville (*Shopping and Lunch*)

August 28th—BINGO with Yanesha

August 30th—BINGO with Ivy Creek

August 31st—Trip to Sweet Creek for Ice Cream 12:30pm

GO CONFIDENTLY
IN THE DIRECTION
OF YOUR
DREAMS
LIVE THE LIFE
YOU'VE IMAGINED

Don't judge each day by the harvest you reap but by the seeds that you plant.